

“There’s a reason for everything” are easy to fall back on, but they’ve all been heard before, and even worse, they can be pretty insulting if you think about how you’d like to hear them if you were suffering.

Instead, focus on letting them know how you feel, and that you’re there with them. 4 And of course, if you haven’t had the same experience as them, don’t tell them you know how they feel because you don’t.

5 However, if you get nothing else from it, take these two pointers to hear the next time someone close to you is struggling or suffering and you’d like to help.

- A. Do say something warm.
- B. Don’t dismiss or cover up their experience.
- C. Of course, these won’t work in every situation.
- D. It makes them likely to take you up on your offer.

E. Try “I’m always just a phone call away” or “I wish I had the right words, but please know I care.”

F. Helping them and offering help in specific ways makes them more likely to take you up on your offer.

G. Some researchers lay out specific tips for when someone close to you gets serious health news, has a loved one die, or suffers another loss.

(广东省肇庆市怀集县怀集中学 杨丽萍)

(二十二)

While you probably give your Facebook profile(简介) a lot of love on a daily basis, it’s important to remember that you should keep a professional profile. If you don’t have a LinkedIn account, you should have one. 1. Here are some tips to make it look great to potential employers.

First impressions

LinkedIn is one place where your photo also represents your professional ability. Upload a top quality photo—and better still if you can afford it, a professional portrait (半身照). A suit and tie isn’t the most important thing. 2. Also make sure the background is relevant to your work, or use a plain one. And remember to smile!

3

Besides filling out all the sections, it’s vital that you appear to be well connected. Make sure you are linked in to previous employers, colleagues and customers as well as present ones. This will prove your ability to get along with people. 4. That will make you look extremely well connected, and therefore more employable.

Seal of approval

Make sure you are “recommended” on your profile. It’s another sign of a dependable worker. Click on the drop-down menu

“Profile” then go to “Recommendations.” 5. If you give a colleague or a former boss a recommendation, chances are they’ll recommend you right back with their own seal of approval. You should aim for at least 10 to improve your profile.

- A. Connections old and new
- B. You can do it on a daily basis.
- C. Instead, looking neat and clean is.
- D. This is a reciprocal(互惠的) section.
- E. It’s different from your Facebook account.
- F. It’s the Facebook of the employment world.
- G. Aim for 501 – the magic number where LinkedIn calls your associates “500+”.

(福建省漳州实验中学 张明辉)

(二十三)

The “Chong Yang Festival” is celebrated on the ninth day of the ninth lunar month. 1

The festival began as early as the Warring States Period (战国) (475 – 221 BC). According to the yin/yang dichotomy (二分法) that forms a basis to the Chinese world view, yin represents the elements of darkness and yang represents life and brightness. 2 The ninth day of the ninth month is a double yang day, hence the name “Chong Yang Festival”. (Chong means “repeat” in Chinese.) Besides, the ninth month also means the approach of winter. It is a time when the living need warm clothing and filial (孝顺的) Chinese sons and daughters extended this to make the festival a time for providing winter clothes for their ancestors. 3 Clothes made of paper would then be burnt as offerings.

On the Double Ninth Festival, people customarily climb mountains, appreciate chrysanthemum flowers (菊花), drink chrysanthemum wine, and eat double-ninth cakes. 4 Old people are especially meant to improve their health by taking part in the activities on the day of the festival.

5 Often, family outings are organized during which people search to renew their appreciation of nature and to show their love and concern for family members and close friends.

- A. The number nine is regarded as yang.
- B. Thus, it is as such known as the Double Ninth Festival.
- C. The Double Ninth Festival is also the “Old Men Festival”.
- D. The Double Ninth Festival is also a time for family get-togethers.

E. That’s why ancient Chinese began to celebrate this festival long time ago.

F. Younger generations will bring elder ones to suburban areas or send gifts to them on this day.

G. The Double Ninth Festival, therefore, also became an oc-